

# Patient-Centered Medical Homes: Addressing Health Disparities

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# Medical Homes

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- An approach to providing health care services in a high-quality, comprehensive, culturally appropriate, and cost-effective manner
- Provision of care through a primary care physician in partnership with other allied health care professionals and the patient
- Anchored in community while working in the best interest of the patient to achieve maximum health and healthcare outcomes



# Building a Medical Home

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- Primary care physicians/PCPs
- Nurses
- Allied health care professionals
- Community Health Workers (CHWs)
- Office Staff
- Patients
- Family
- Community



# Care Provision

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- Primary care
- Community-based and interdisciplinary
- Care that is *accessible, coordinated, continuous, comprehensive, and culturally effective*
- Whole person orientation
- Preventive (acute and chronic disease prevention)
- Acute, and chronic care

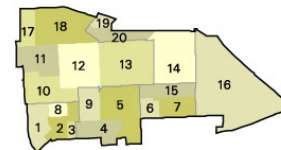


# Care (II)

- Community-based
  - System takes community needs/resources into account
  - Community-based entry point

- Accessible

- Geographically



- Financially



# Care (III)

## □ Quality Care

### ■ Continuous

- Consistency and planning

### ■ Comprehensive

- Well trained integrated care teams

Prevention → Acute → Chronic

### ■ Coordinated

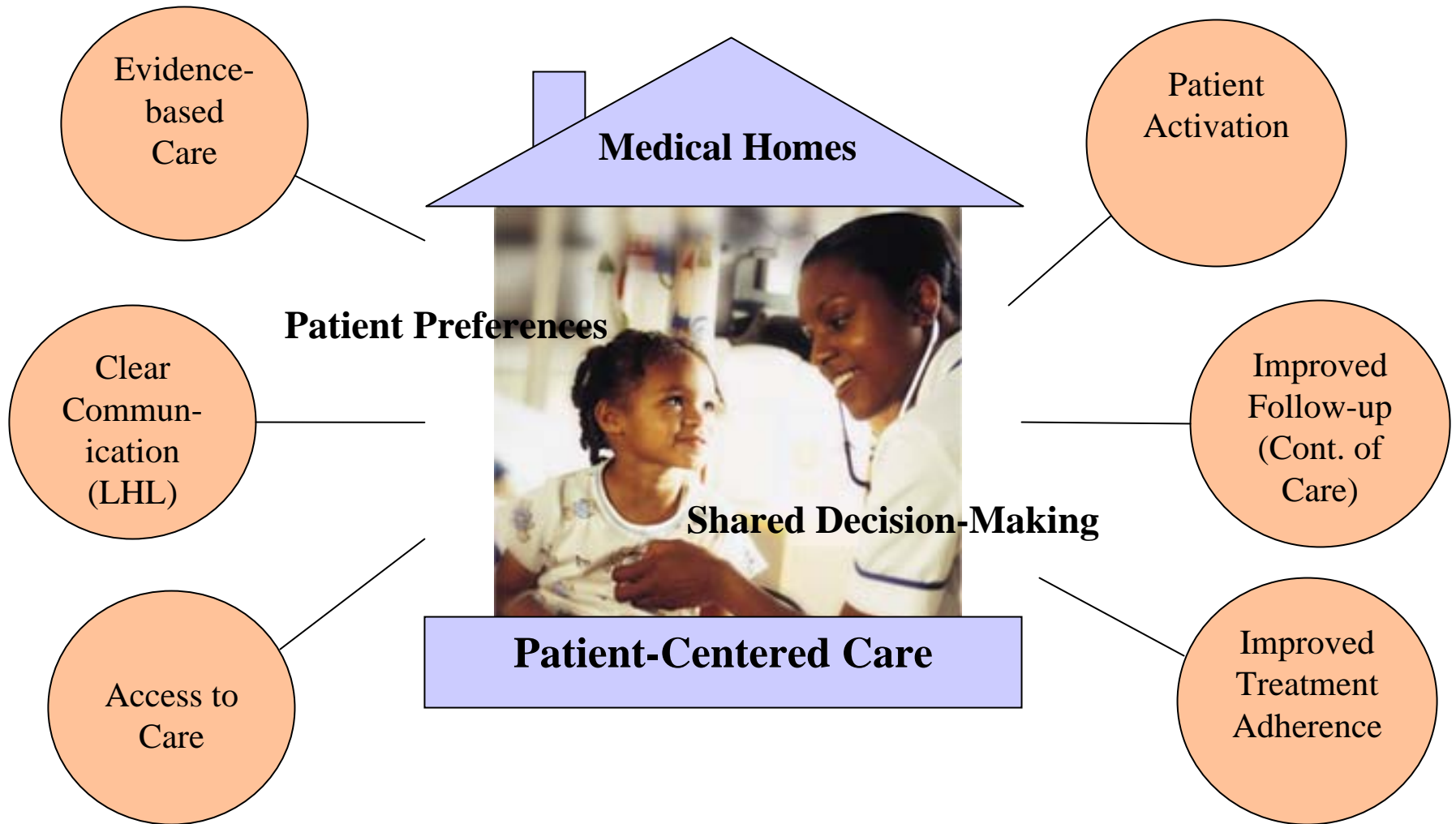
- Ongoing relationships
- Coordinated care across providers
- Managed medical information

### ■ Collaborative

### ■ Compassionate



# Eliminating Disparities



# Evidence

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- Quality
  - Improved Access
  - Improved Coordination/Communication/Patient Participation in Care
  - Reduced Disparities
  - Improved Quality/Safety
- Reduced Cost
- Policy to Expand Access





# Challenges

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- Racial/Ethnic minorities and other disparity populations less likely to report having a medical home
- Infrastructure Concerns
  - Increases in the number, intensity and accountability for delivered services
  - Staff and technology burdens
  - Informatics
- Management and Leadership Issues



# Maryland – Moving Forward

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- Medical Home Work Group
  - Definitions and identification of challenges
  - Medical homes as a key component of state health care reform
  - Identifying solutions
- Remaining Concerns
  - Shrinking numbers of primary care physicians
  - Expanding access

